

**Tang Soo Do 2000
To Do List**

Name: _____
Ages 6-10

Clean Room	Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
Make My Bed							
Put Personal Belongings Away							
Self-Care							
Brush Teeth							
Take A Bath							
Put Dirty Clothes In Laundry							
School							
Complete Homework							
Use Black Belt Effort In Class							
Use Black Belt Respect For Parents & Teachers							
Family							
Complete Assigned Chores							
Use Black Belt Respect For Entire Family							
Self-Development							
Practice Martial Arts For 15 Minutes							

Parents: This list is a belt requirement. A minimum of three completed lists is expected to be turned in every testing. Turning in this should help your child feel good about themselves and proud of their accomplishments.

Parent/Guardian Signature: _____

Notes:
