

Red Belt Instruction Requirements

Once you have reached red belt level you will be required to have hands-on teaching hours. All red-belts red belts must schedule their teaching hours with Mr. Vince Finnianous. Instructor Training Sheets must be filled out and signed by an instructor in order to test. We will be happy to help prepare you for each class if needed.

If you have any questions or concerns, contact Mr. Finnianous @ (541) 882-0674

- **1st Degree Red**
 - Must attend at least 3 instruction classes.
 - Must teach at least 5 regular classes.
- **2nd Degree Red**
 - Must attend at least an additional 4 instruction classes.
 - Must teach at least an additional 8 regular classes.
- **3rd Degree Red**
 - Must attend at least an additional 4 instruction classes.
 - Must teach multiple regular evening classes (meaning be able to teach and organize a class on your own).

Instructor Training Sheet

Name: _____ .

Date	Program (ASP, Adults, etc.)	Teaching Time	Description (warm ups, full class, etc.)	Instructor Comments	Instructor Signature

NOTES: